



Different Types of Prayer

WORSHIP

To worship means to enthrone God in your heart, exalting Him in your mind and consequently, praising Him with your whole being *Psa 150*

THANKSGIVING

After you have prayed, thank God for the answer *Heb 11:1; Eph 5:20; Phil 4:19*

CONFESSION

Confession means to say the same as, owning up to what you have done. Sin builds up and creates barriers between you and God. David knew that confession of sin with a truly repentant heart would restore his life *Psa 51*. Make confession a regular part of your prayer life *1 Jn 1:9*.

MEDITATION

Josh 1:8 To meditate means to reflect, or think deeply. Meditation on the word of God (Bible) regularly, will transform your life *Prov 4:20-22*.

SUPPLICATION

This is an old fashioned word, which you will find in the KJ and NKJ Bible. It means to plea *Psa 28:2*

INTERCESSION

To intercede means to petition / ask on behalf of another person, situation, nation etc., Holy Spirit intercedes for us, we can intercede for others *Rom 8:27*

LISTENING PRAYER

Prayer is a two-way conversation. You must learn to hear God's voice, which comes through thoughts He sometimes puts into the mind and through reading His Word. Jesus' sheep know His voice – persevere *Jn 10:27*. It is easier to hear God when you've been praising and worshipping Him

WARFARE

Weapons mighty through God to pulling down stronghold 2 Cor 10:4. The Word of God is sharper than a double-edged sword – it penetrates! Hebs 4:12

Christians are called upon to be a "Soldiers of Christ", and through prayer you can engage in warfare against the enemy. Jesus was given "all authority". He passed that "authority" on to you *Matt 28:18-20*. He has won the victory over Satan but He expects His Church to enforce it. A word of warning though, do not engage in battles that you do not yet know how to fight!

TONGUES

Tongues can be used in a number of ways, for example: to worship God, to edify (build up) yourself spiritually *1 Cor 14:4*; to enter into warfare *1 Cor 14:2*. The devil cannot understand tongues.

PRAYER AND FASTING

Why should you fast? After Jesus taught the disciples the Lord's Prayer in *Matt 6:16* we read that He said 'when you fast' not if. Jesus fasted 40 days and nights whilst being "tempted" in the wilderness. It helped him resist consequently He was empowered *Matt 4:2* Fasting sharpens your spiritual sensitivity, it also conveys to God and the powers of darkness your determination to overcome.

Daniel humbled himself with prayer and fasting to find God's mercy *Dan 9:3*. While they were worshipping the Lord and fasting, Holy Spirit spoke to the disciples *Acts 13:2*. This kind comes out only by prayer and fasting – ministry of deliverance *Mark 9:29*

PROCLAMATION

There is power in the Word of God when it is spoken by a Spirit-filled believer, who knows his / her authority in Christ. It accomplishes what it says it will *Isa 55:11*. Proclaiming (speaking out) scripture causes faith to rise in you, and it weakens the enemy's hold on the situation. Satan has to submit to scripture.